



## TERMS OF REFERENCE

### Nutrition Counsellor

**Location:** Beirut, Mount Lebanon

**Type of Contract:** Consultant

**Starting Date:** 1 January 2025

**End Date:** 31 August 2025

**Languages:** Arabic and English

**Reports to:** FTL Project Manager

**Project Title:** Save the Children

**Coordinates with:** Field Coordinator

**Procurement Activity to be submitted by:**

**Deadline related to the posting:**

**Contact:** [careers@fairtradelebanon.org](mailto:careers@fairtradelebanon.org)

## SCOPE OF WORK

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### 1- Summary

The project aims at "Enhancing the resilience and self-reliance of vulnerable households with children in Lebanon by improving food security, nutrition, and livelihood opportunities through integrated and sustainable interventions"

FTL is looking for an experienced nutrition Counsellor for 8 months to assist the project coordinator in conducting one on one counselling to 150 selected Households. Nutrition counselling provides personalized guidance and education to households on dietary habits, nutrition-related health issues, and strategies for achieving balanced and healthy diets.

### 2- Objective

The project's goal is for children and their caregivers are able to meet their food and nutrition needs while community members gain enhanced awareness on food security and nutrition.

### 3- Outcomes

The counselling aims to promote better health outcomes by improving nutritional awareness, food choices, and overall well-being. The counselling targets specific groups, including children under 2 years of age through Infant and Young Child Feeding (IYCF) education, pregnant and lactating women to ensure adequate nutrition for both mother and child, children under 5 to prevent stunting and other malnutrition-related issues, and households with demonstrated higher nutrition needs.

#### **4- Deliverables**

- To develop a nutrition counselling strategy document.
- Household Nutrition Assessments.
- Personalized Nutrition Plans for 150 households.
- To conduct visits to 150 Households to provide nutrition counseling.
- Development of Educational modules specifically designed for caregivers of children under 2 years of age, focusing on Infant and Young Child Feeding (IYCF) practices, including breastfeeding, complementary feeding, and the importance of nutrition during early childhood.
- Counselling session reports.
- Monthly progress reports for 8 months.

#### **5- Qualifications**

- Higher university degree in nutrition, dietetics, public health, or a related field.
- Minimum 5 years' experience in providing nutrition counselling or education, particularly to low-income or vulnerable populations. Experience in humanitarian or development settings is highly desirable.
- Strong understanding of dietary guidelines, nutrition-related health issues, and best practices in Infant and Young Child Feeding (IYCF). Familiarity with local food security challenges and cultural dietary practices is advantageous.
- Extensive experience interacting with and relating to gender professionals and international stakeholders at senior level
- Proven knowledge of Fair-Trade principles
- In depth knowledge of the Lebanese context
- Proven presentation skills
- Drives results

#### **6- Skills**

- Adheres to FTL values
- Good interpersonal communication skills
- Engaged in developing self and others
- High degree of self-motivation
- Excellent leadership, team building, and management skills
- Good time management
- Organized and able to create multiple timelines and schedules
- Good knowledge of Arabic and English

#### **7- Payment terms**

- Invoices must be issued no later than the 25<sup>th</sup> of each month, and payments will be processed within 15 to 20 business days, provided that all deliverables have been submitted.
- Payments will be made via bank cheques.
- All applicable taxes will be deducted from the Consultant's fees unless the Consultant is registered with the Ministry of Finance.

#### **8- How to apply**

Applicants are requested to send their:

- Portfolio,

- CV and ID of applicant
- Short concept note related to the abovementioned intervention.
- Detailed budget and approval to above mentioned payment terms

to: [careers@fairtradelebanon.org](mailto:careers@fairtradelebanon.org)

The detailed work plan will be developed and agreed upon in coordination with the FTL team.

Only selected candidates will be contacted.